

Terrified of  
public speaking?



*...let us help!*

POWER*talk* International is a worldwide network of membership-based clubs where you can gain the skills and confidence you need to make successful speeches and give winning business presentations.

A unique group tucked away unnoticed is about to celebrate its 70<sup>th</sup> birthday! POWER*talk* International originated as the International Toastmistress Club (ITC) in 1938, the group has helped many in achieving professional goals.

Whether the goal is for continued learning or career advancement, the organization has helped many individuals reach their potential. If you are unsure of yourself when you have to present a program, preside at meetings, speak in public, POWER*talk* International training is the answer for you.

**Where:** Aviators Restaurant  
Sacramento Executive Airport  
6151 Freeport Blvd.  
Sacramento, CA 95822

**When:** 1<sup>st</sup> Tuesday of the month  
**Time:** 10:30 am to 1:30 pm

For more information: <http://www.vcommunicators.com/council2/> or [www.nofearspeak.com](http://www.nofearspeak.com) or [www.powertalkinternational.com](http://www.powertalkinternational.com) or contact Liz Richardson at [erichardson1202@yahoo.com](mailto:erichardson1202@yahoo.com) or Maria Trujillo Tough at [mvtruj@aol.com](mailto:mvtruj@aol.com)