

River City Communicators



River City Communicators began the 2008-2009 year with exceptional programs under the theme of "Renew and Revive". The first meeting was held on August 12th with the theme of "Power of Communication Skills." We were honored to have Alan Nakano, president of the Speaker's Network Club as our workshop leader. His presentation featured "Tips on Better Presentations" which set the stage of excitement and determination for each member to add gestures, visual equipments, humor and awareness of things to consider to bring meaning to their presentations.

September 9th was another month of stimulating workshops. Once again, we were delighted to have Hiroko Saigo, a member of the Speaker's Network, take us on the Accreditation Journey. She spoke on Who, Why, What, Where and How the members measure their personal growth in the ITC program. Members were encouraged to complete certain courses to reach designations of Skilled, Accomplished, and Distinguished Communicators.

Leona McLean gave a 5 minute informative speech entitled "Unresolved Anger". She had a message on recognizing when one is becoming angry and how one can stop the anger from escalating. It was a very informative speech and made us aware of how important it is to recognize anger.

October 9th featured Utako Kimura, who spoke on the importance of Protocol and Parliamentary rules. She shared various situations which encouraged many questions and she enlightened us on how we could deal with them. Anne Miyasaki presented a folder with the goals and assignments for 2008-2009 and instructions on establishing a "HOT SEAT" section and how to utilize the ITC website when preparing assignments.

Working and attending classes are on the agenda of Colleen Thayer, who is studying for her Masters Degree and Leona McLean is taking a class using Art Mandela healing and "the New Earth" book concept and plans to further her career by enrolling for classes at CSUS in the fall. Junko Yoshikawa is busy working for the County of Placer and took a trip to Los Angeles to visit her daughter Lynn. We look forward to seeing Lynn, who is now working in Washington D.C. when she visits her mom. Junko will be traveling to Japan to visit with her family in November. She stated that although she is unable to attend the monthly meetings, she misses the members and her thoughts are with RCC.

Utako Kimura visited Council 1's meeting held in Marysville on September 20th. She will be attending the ITC President's training weekend in San Francisco on October 10th – 11th. She also volunteered to put together the 2008-2009 Council 2 Roster. Visiting the Speaker's Network meeting on September 13th was also on the agenda for Utako and Anne Miyasaki.

Maria Miglas chaired the 115th anniversary of the St Joseph Church in Clarksburg. The theme for the evening was "Evening by the River", a sit down dinner for 350 people. The successful fund raiser was the talk of the town! Maria said thanks to her ITC training she was able to coordinate the event.

RCC members are always on the go with ITC, career and community activities.

We welcome you to visit us on the first Tuesday of each month at 7 pm at the Greenhaven Estates on the corner of Rush River and Greenhaven in South Sacramento.

Anne Miyasaki