

Club News

GOLDEN OPPORTUNITY CLUB

Golden Opportunity Clubs is having joint meetings with Speakers Network from 2:00 to 4:30 p.m. at the Del Paso Heights Public Library. At the April meeting Utako Kimura gave a presentation on "Living Well." She talked about an active doctor who kept busy into his 90's in Japan and continued his practice. He attributed his longevity to keeping busy with many other volunteer efforts. Hiroko Saigo led the current event segment by asking each member to give their reaction to several Sacramento Bee articles.

In May Alan Nakano gave a presentation on "Smart Savings and Spending." He gave the 10 ways to best spend money and discussed the top 3 more thoroughly-housing, food and transportation while briefly covering ways to save money. He, then, focused the different ways of wisely spending money on food. Both clubs celebrated Maria Trujillo's Council 2 win in the Speech Contest with cake and a refreshment. The club designated Alan Nakano the delegate at the International in July and also the Sierra Pacific Region Annual Conference in May. The club voted upon all the amendments to the International bylaws and standing rules. Then, the club passed a motion for him to vote this way at the International Convention/Alaska Cruise as well as giving him the discretion to vote in the best of interest of the club for any other matters that might arise.

We invite each of you to attend our clubs joint meeting held every 1st Saturday of each month, at the Del Paso Heights Public Library at 920 Grand Avenue between 2:00 pm – 4:30 pm. Combining efforts with Speakers Network has made both clubs much stronger and has enriched the programs being presented.

Alan Nakano